

UTAH - WEEKLY INFLUENZA SUMMARY

MMWR Week 45 (11/05/06 - 11/11/06) - Posted 11/15/06

UTAH - WEEKLY INFLUENZA TEXT SUMMARY

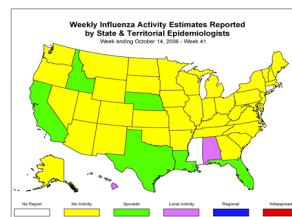
Influenza Activity in Utah:

As of present, there is little evidence of sustained influenza activity in the state. Two reports of laboratory confirmed, influenza B cases have been reported to the UDOH. This website will be updated every Wednesday at 1:00 PM.

As of 11/15/2006, no pediatric influenza-associated deaths has been reported in Utah for the current season.

National influenza surveillance data can be found at www.cdc.gov/flu.

Please note, states determine for themselves how to estimate weekly influenza activity. The classification system used in Utah primarily serves to provide a geographical description of how influenza is circulating in the state. Currently, Utah is reporting sporadic activity.

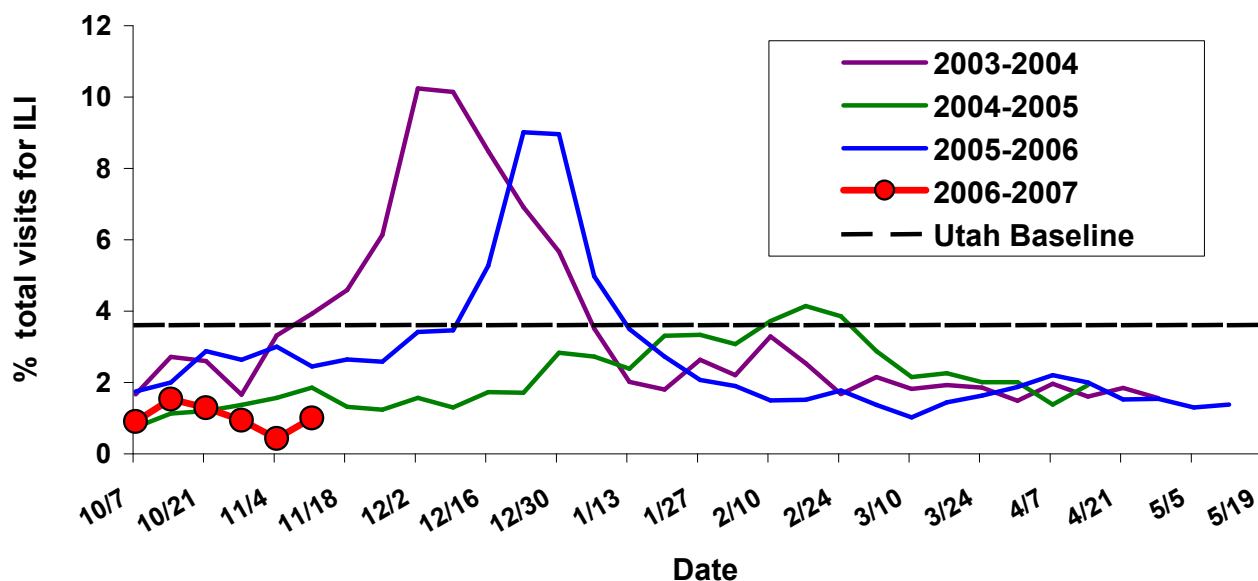


INFLUENZA PREVENTION

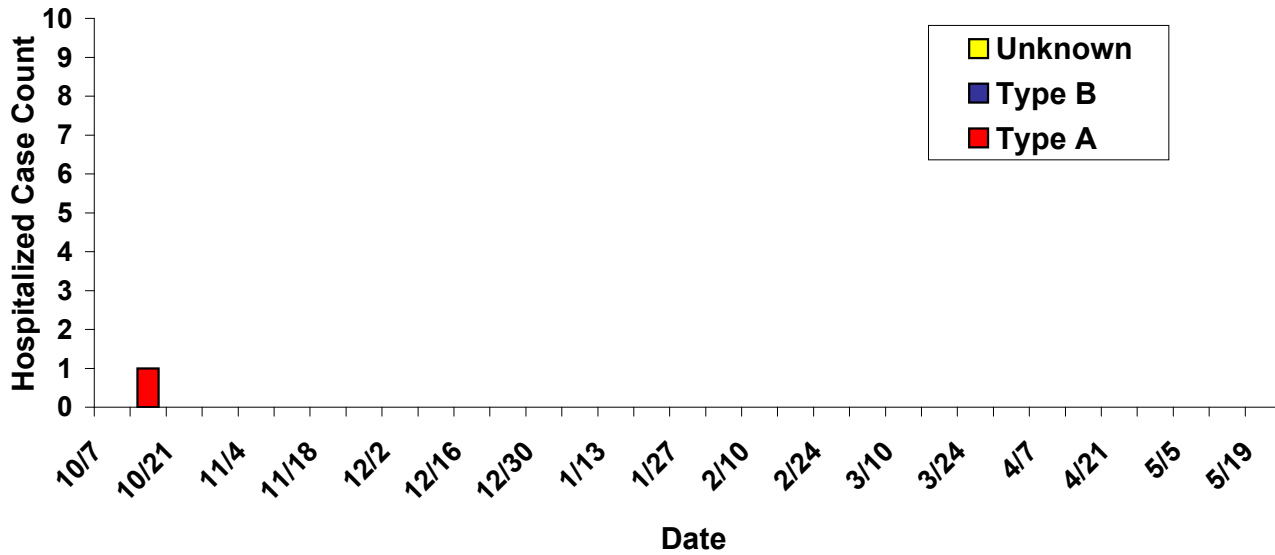
How to protect yourself and others:

1. Utahns should get an influenza vaccine.
**Contact your provider or the Immunization Hotline (1-800-275-0659) to locate an influenza shot.
2. All Utahns should practice "respiratory etiquette" to reduce the spread of respiratory diseases.
** Stay away from other people when you are sick.
** Cover your mouth and nose with a disposable tissue when you cough or sneeze. Throw the tissue away.
** Wash your hands.
3. We urge schools and employers to be supportive of these preventive measures.

Percentage of Visits for Influenza-Like Illness (ILI) Reported by Sentinel Providers, Utah Summary 2006-2007 and Previous 3 Seasons



Influenza-Associated Hospitalizations by Week and by Virus Type, Utah 2006-2007 Season



Sentinel School Absenteeism by Week, Utah 2006-2007 Season

